

September 2024 | West Rusk- Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GRAHAMS FRUIT OR JUICE MILK CHOICE	4 BREAKFAST PIZZA CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	5 GRILLED CHEESE CEREAL- MUFFIN- PBJ POPTARTS- GRAHAMS FRUIT OR JUICE MILK CHOICE	6 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE
9 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	10 FRENCH TOAST EGG PATTY CEREAL- MUFFIN-PBJ POPTARTS-GRAHAMS FRUIT OR JUICE MILK CHOICE	11 BAGEL PIZZA CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	12 CHICKEN & BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GRAHAMS FRUIT OR JUICE MILK CHOICE	13 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE
16 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	17 PANCAKE STICK CEREAL- MUFFIN- PBJ POPTARTS- GRAHAMS FRUIT OR JUICE MILK CHOICE	18 BREAKFAST PIZZA CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	19 GRILLED CHEESE CEREAL- MUFFIN- PBJ POPTARTS- GRAHAMS FRUIT OR JUICE MILK CHOICE	20 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE
23 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	24 FRENCH TOAST EGG PATTY CEREAL- MUFFIN-PBJ POPTARTS-GRAHAMS FRUIT OR JUICE MILK CHOICE	25 BAGEL PIZZA CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE	26 CHICKEN & BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GRAHAMS FRUIT OR JUICE MILK CHOICE	27 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE
30 SAUSAGE BISCUIT CEREAL- MUFFIN- PBJ POPTARTS- GOLDFISH FRUIT OR JUICE MILK CHOICE				

Announcements:

LABOR DAY
SEPT. 2ND

EARLY RELEASE
SEPT 20TH

Watermelon

Season in Texas: May - October

Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Food and Nutrition Division
 www.SquareMeals.org



Updated 6/6/2024
 National School Lunch Program